
NEWSLETTER

Volume 17 Issue 5

May 2008

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MAY MEETING

You are cordially invited to attend the Regular Meeting of the Gladstone Park Chamber of Commerce Friday, May 4, 2007. This month's meeting will take place at **Gladstone Chiropractic Group**, 5316 N Milwaukee Ave. at 8:00 am. Our guest speaker will be the new **16th District Police Commander, Anthony Riccio**.

Gladstone Park Chamber of Commerce Spring Bowlathon

The Gladstone Park and Jefferson Park Chamber of Commerce are pleased to announce the **Annual Spring Bowlathon Fundraiser**.

When: Wednesday May 14th, 2007

Time: 6:00pm Dinner/7:00 Bowling

Cost: \$25.00 per person (includes dinner & snacks), \$12.00 per child (under 12), \$20.00 per person (non-bowlers).

Location: Habetler Bowl, 5250 N. Northwest Hwy (Foster & NW Hwy)

The chamber is in need of raffle prizes for this event. Please RSVP to Gail at 773-775-8871.

ANNUAL SCHOLARSHIP PRESENTATIONS

This year's scholarship presentations will take place on **June 6th, 2008**, during the Chamber's **Annual Breakfast meeting at Gale Street Inn 7:30 a.m.** Please mark your calendars and look for your postcard invitation in the mail.

KIDS FEST

Chamber members will have the opportunity to promote their services at this year's Kids Fest, which annually attracts up to 400 adults and children to Gladstone Park, 5421 N Menard Ave. The Chicago Park District will be providing a tent in which members can sponsor their own booth. The cost is only \$75.00, which includes a 6-foot table and a chair. The event will be held from 6p.m. to 8:30 p.m. Wednesday, June 25. Space is limited. Please call the chamber office at 773-775-8871 to reserve your booth. Payment will be required in advance. In addition, the chamber is looking for volunteers to help with the festival.

WELCOME NEW MEMBERS

Helen Stapper
Cabinet Style Studio, Ltd.
5945 N Milwaukee Ave.
Chicago, IL 60646
773-774-6667

Mitol Miller
Gladstone Park Auto
Maintenance & Repair Co.
6116 N. Elston Ave.
Chicago, IL 60646
773-557-7300

Let's Welcome Our Newest Members !!!!!

DATES TO REMEMBER

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|----------|--|
| April 30 | Board of Directors Meeting Associated Bank 8AM |
| May 2 | Regular Membership Meeting at Gladstone Chiropractic, 5316 N. Milwaukee 8: AM/ Clean Up |
| May 17 | Mayor Daley's Clean & Green |
| May 14 | Spring Bowlathon Fundraiser |
| June 4 | Board of Directors Meeting, 8am Associated Bank |
| June 6 | Annual Breakfast Meeting at 7:30 am Gale Street Inn Scholarship Awards Presentation |

MEMBERSHIP 2008

A big "Thank You" to all of our members who have renewed their membership for 2008. We would also like to welcome our newest members and look forward to seeing them at our many upcoming events. Your membership decal for your door or window is enclosed with this newsletter.

Legislative Corner

We will be listing websites that are pertinent to issues that affect our businesses as well as our personal lives. We will also post these on our website.

The various Chamber sites address many of these issues. The Ill General Assembly site allows you to view and track bills, how your legislator voted, who's on what committees and how to contact a legislator. The same can be done with the City of Chicago, Cook County and Congress sites. It is imperative that we all get involved to voice our concerns. We just had a sales tax increase to bail out the CTA, Cook County wants to increase the sales tax by 2% and the City is taxing bottled water to name only a few of the many issues that are making it more costly to do business.

Chicago Chamber:

www.chicagolandchamber.org

Illinois Chamber:

www.ilchamber.org

U.S. Chamber:

www.uschamber.com

U.S. Senate:

www.senate.gov

U.S. Representative:

www.house.com

Ill Gen'l Assembly:

www.ilga.gov

City of Chicago:

www.cityofchicago.org

Cook County: www.co.cookil.us

BUSINESS OF THE MONTH

SOWINSKI CHIROPRACTIC CENTER

Natural Non-Invasive Care of

- * Carpal Tunnel
- * Low Back pain
- * Slipped Disc
- * Stress Anxiety
- * Stop Smoking
- * Headache
- * Auto Accident
- * Shoulder Pain
- * Sciatica
- * Leg Pain
- * Neck Pain
- * Whiplash
- * Arthritis Pain
- * Pinch Nerve

By Use Of:

Massage Therapy Acupuncture X-Rays
Light Touch Therapy Manipulation Physical Therapy
Nutrition Management

Introducing:

IRIDOLOGY - The Eye Is The Source

The eyes have been proclaimed throughout the ages as the window of the soul. We now acknowledge them as the mirror of the body. Manifestations in and about the eye have long been used to gain insight to a person's state of health. Today it is realized that the information revealed in the eyes is greater than was formerly imagined.

Hair Analysis

This new technique can tell you how your body functioned during the last six months, by analyzing the chemicals found in your hair sample. A compiled report is yours to keep, which also includes suggestions on improving your daily health.

Nutritional Management

The Nature Sunshine and Body Wise product lines are right on target to address the major concerns of people today. These concerns focus on the main areas of:

- * Nutrient and Antioxidant Supplements
- * Fatigue
- * Cholesterol/Blood Pressure Status
- * Improving function of various organs
- * Active Life Styles

The leading-edge technology, science, quality and ethical procedures behind every product are what make them not only different, but revolutionary products contain only ingredients from nature, with no artificial coloring or preservatives.

Sowinski Chiropractic

Gift Certificate

This gift certificate applies to one no-obligation consultation and examination. To take advantage of this offer, simply call the number below for an appointment.

Dr. Mary J. Sowinski
Tel (847) 292-1820
Fax (847) 292-1819

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2611 W. Sibley St.
Park Ridge, IL 60068

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